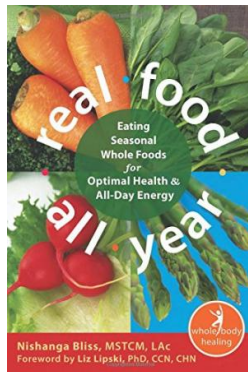


Real Food All Year: Eating Seasonal Whole Foods for Optimal Health and All-day Energy



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