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Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Is it Me or is it Hot in Here?: A Modern Woman's Guide to the Menopause, Jenni Murray, In Is it me or it hot in here? Jenni Murray, one of Britain's most popular journalists and broadcasters, addresses the menopause. She looks at what the menopause is - its symptoms and how it affects overall health. She also looks at the psychological and social implications. There is an overview of the latest...

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- Authored by Jenni Murray
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