



Good Nights Now

By Stephanie Donaldson-Pressman

Good Parent Inc. Paperback. Book Condition: New. Paperback. 182 pages. Dimensions: 8.9in. x 6.0in. x 0.6in.

GoodParentGoodChild books, give parents successful techniques to solve specific parenting challenges. They are written from the perspectives of a pediatric psychologist, a clinical social worker, and the mother of both a toddler and a tween. The GoodParentGoodChild series presents actual case stories, making the books more interesting and real. The series also features companion story books for your children, Matilda and Maxwell. These beautiful and very funny books will help and delight your children, and make you laugh. **ABOUT GOOD NIGHTS NOW:** Good Night introduces you to a simple, thoughtful, and effective technique called Whats the Rule. The authors have taught parents this technique for over 35 years, and now present it in a clear and often humorous light in Good Night. Parents can expect great changes in nighttime behavior. Whats even more interesting is that with better bedtime behavior, a recent study shows childrens overall behavior improves. **ABOUT THE AUTHORS:** Stephanie Donaldson-Pressman, LICSW is the author of the best selling Narcissistic Family: Diagnosis and Treatment. She has been working with adults, children and families for over 20 years. Dr. Robert Pressman is a pediatric...

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