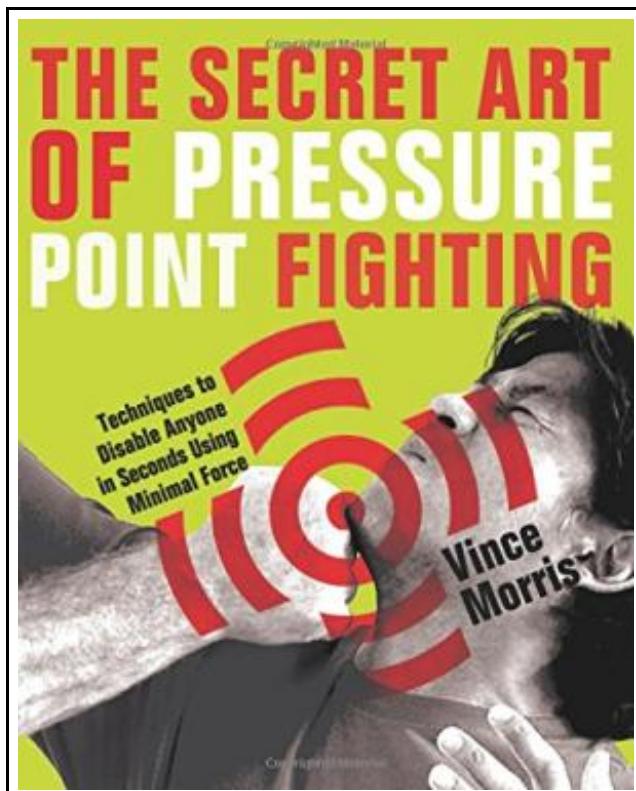


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Ulysses Press. Paperback. Book Condition: new. BRAND NEW, The Secret Art of Pressure Point Fighting: Techniques to Disable Anyone in Seconds Using Minimal Force, Vince Morris, TARGET YOUR OPPONENT'S VITAL POINTS TO DISABLE ANYONE USING MINIMAL FORCE -Over 300 step-by-step photos show each point and strike-Written by a 9th - Dan Master and renowned expert on pressure point fighting Martial arts lore tells of masters who possessed a mysterious ability to defeat an opponent with a single perfectly placed blow. "The Secret Art of Pressure Point Fighting" transforms the ancient legend into a modern reality--an anatomically based fighting and self-defense system that allows a smaller defender to defeat a larger attacker by striking at the key points on his body. Straightforward and easy to understand, "The Secret Art of Pressure Point Fighting" provides a complete overview of the body's vulnerable points and teaches how to stop an attacker as quickly as possible using a minimal amount of physical strength.



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