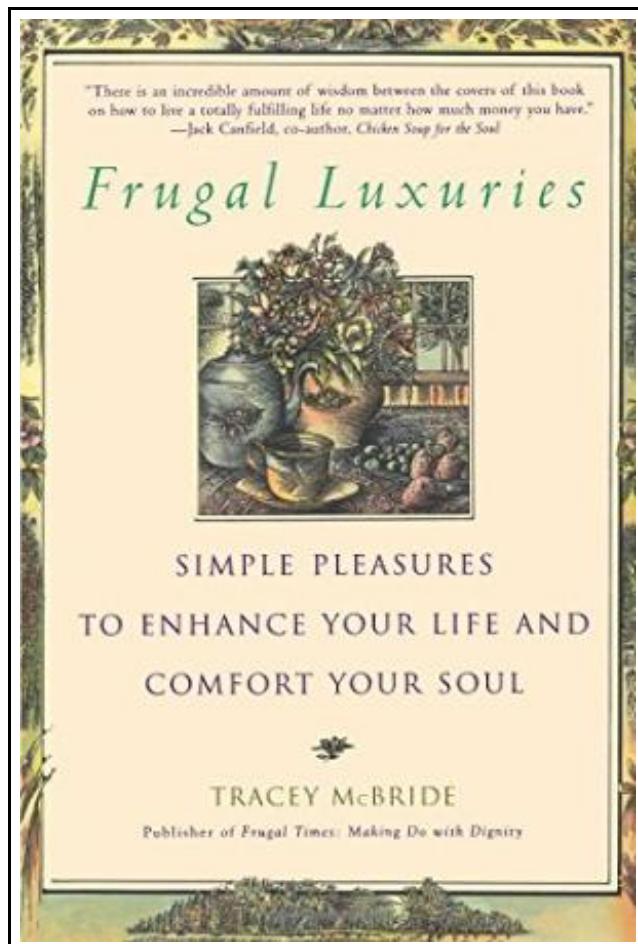


## Frugal Luxuries: Simple Pleasures to Enhance Your Life and Comfort Your Soul



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### Reviews

*It is one of the best books. Indeed, it really is a play, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.*  
*(Sofia Yundt)*

## FRUGAL LUXURIES: SIMPLE PLEASURES TO ENHANCE YOUR LIFE AND COMFORT YOUR SOUL

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Bantam, United States, 1997. Paperback. Book Condition: New. 235 x 188 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Tracey McBride created the newsletter Frugal Times in 1993 and has since delighted thousands by elevating the skill of living frugally to an art form. Now Tracey's commonsense techniques for making every day a feast and her wisdom on how to cultivate abundance are gathered in one volume. Tracey shows us how to savor the intangible gifts we receive when we create a nurturing home, share luscious yet low-cost meals with family and friends, master our budgets, learn to combine style and thriftiness, and cultivate our dreams and imaginations without spending a cent. Filled with ingenious, heartwarming, and practical advice, Frugal Luxuries helps us remember what is truly of value in our lives--our time, our loved ones, and our inner sense of prosperity. Combining the spiritual nourishment of Simple Abundance with the practicality of The Tightwad Gazette, Frugal Luxuries is destined to become the classic on how to live every day with a sense of abundance, beauty, and luxury. There is an incredible amount of wisdom between the covers of this book on how to live a totally fulfilling life no matter how much money you have. --Jack Canfield, co-author, Chicken Soup for the Soul Think of Tracey McBride as the Martha Stewart of the cheapskate set. -- Chicago Tribune.

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