



## ADHD Understanding ADHD in Adults, Children and Relationships The Complete Guide on How To Cope with ADHD in Adults and Kids Volume 1

By Alexis Newman

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 40 pages. Dimensions: 8.8in. x 5.8in. x 0.3in. This publication was created to help both adults and children understand and cope with the effects of ADHD. I'm a great believer in keeping things short and simple so if it's a 100 page book you're after, (that you'll probably never finish), then this really isn't for you. If on the other hand you want something where both the jargon and the filler have been removed leaving just the facts then this is a must have. Here is a list of what's included: - AN INTRODUCTION TO ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD) CHAPTER 1: IS ADHD A MENTAL DISORDER A LEARNING DISORDER SOMETHING ELSE ENTIRELY CHAPTER 2: IS ADHD A MENTAL DISORDER A LEARNING DISORDER SOMETHING ELSE ENTIRELY CHAPTER 3: DOES YOUR CHILD HAVE ADHD CHAPTER 4: ADHD AND THE TODAY'S SCHOOL SYSTEM CHAPTER 5: DO YOU HAVE ADHD DIAGNOSING FOR ADULTS CHAPTER 6: ADHD TREATMENT OPTIONS CHAPTER 7: TREATING ADHD WITH MEDICATION CHAPTER 8: BEHAVIOR MANAGEMENT FOR CHILDREN CHAPTER 9: BEHAVIOR MANAGEMENT FOR ADULTS CHAPTER 10: TAKING ADHD TO SCHOOL YOUR CHILD CAN BE SUCCESSFUL DESPITE ADHD!...



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