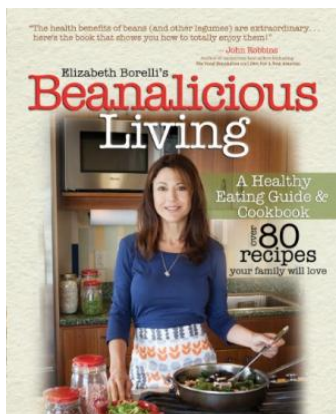


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# BEANALICIOUS LIVING: A STEP-BY-STEP GUIDE TO BREAKING FREE FROM PROCESSED FOODS AND EMBRACING A HEALTHY, NUTRITIOUS LIFESTYLE



Self Health Cafe, A Wyatt-MacKenzie Imprint. Paperback. Book Condition: New. Paperback. 234 pages. Dimensions: 9.2in. x 7.5in. x 0.7in. Santa Cruz, CA (March, 2013) Independent literary review guide Rebeccas Reads, today announced author Elizabeth Borelli's new book *Beanalicious Living* as General Non-Fiction Book of the Year 2013. Borelli is a leading food writer, consultant and speaker who received her certification in Plant Based Nutrition Fundamentals from Cornell University. Her book *Beanalicious Living* is a practical, info-packed guide filled with tools, tips, and...

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